



NEWSLETTER NORTHMEAD & DISTRICT PROBUS CLUB
July 2019 Newsletter

The Northmead & District Proboscis Club was formed after an interest meeting held at the NBC Sports Club on Monday, 17th June 2019.

President's Message

Hello inaugural members of Northmead & Districts Proboscis Club.

It is my great pleasure to be the inaugural President and I'm thrilled on the Proboscis journey we are all about to take.

How exciting was it to see so many people come to the interest meeting, all wanting to be involved in Proboscis!

What a wise choice you have made, but remember, this is not my Proboscis Club, or the committee's Proboscis club. It is the MEMBERS' Proboscis club and we will be directed by what you want from the Club.

So, start thinking about what **interest groups** you would like the Club to be involved in. Think about being an interest group leader in a hobby or subject area for which you have a passion. We will have a list of different groups at the first meeting and will ask for expressions of interest. Consider being involved in one of them. It's easy and we will give you lots of support. You have run businesses, run families, been active in supporting sports, volunteered in numerous ways, so this will be easy. Have a go.

The Club will THRIVE if we have A LOT OF PEOPLE doing a little bit of work, but will not if we have a small amount of people doing a lot of the work. So if everyone pitches in a little, we will have a vibrant active Club.

One role of Proboscis is friendship. Introduce yourselves to the people next to you at the meetings. Participate in the interest groups. Go on the outings, have fun.

See you on the 15th July for our inaugural meeting.

COMMITTEE

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President/Welfare Officer

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Activities Coordinator

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Postal Address: 22 Kindelan Road, Winston Hills NSW 2153

Meeting day/time: 3rd Monday of the Month at 10:00am

Meeting venue: NBC Sports Club, 166 Windsor Road, Northmead NSW 2152

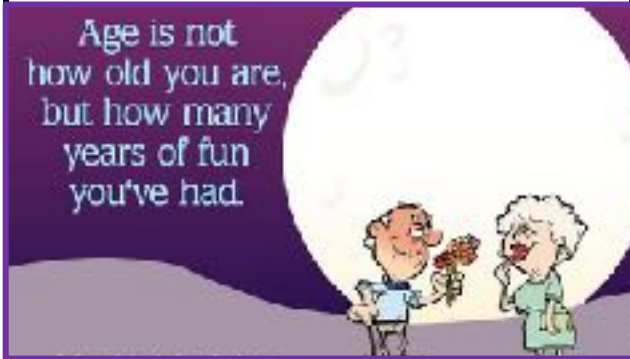
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Guest Speaker:

Trade Travel - Serina Mace

Bio for Serina

Trade Travel are specialists in senior group travel both in Australia and internationally for 26 years, and has been a proud Core National Sponsor of Probus South Pacific since 2005. For 26 years Trade Travel have been doing what they love... TRAVEL! The team are very experienced and passionate about organising quality tours for the young at heart. Trade Travel provide hassle free, great value holiday experiences and unique special discounts and offers specifically for Probus members.



Recipe Cinnamon Tea Cake

INGREDIENTS:

- 180g cubed butter, at room temperature
- 3/4 cup caster sugar
- 1 teaspoon vanilla extract
- 2 eggs
- 1 1/4 cups (185g) self-rising flour
- 1/4 cup (40g) plain flour
- 2 teaspoons Master foods Ground Cinnamon
- 1/2 cup (125ml) milk
- 1 tablespoon caster sugar, extra
- 1 teaspoon ground cinnamon
- 1 tablespoon melted butter

METHOD:

- Preheat oven to 170°C. Grease and line a 20cm-round cake pan with baking paper. Beat butter, sugar and vanilla together until pale and creamy. Add eggs, one at a time, beating well after each addition.
- Sift flours and cinnamon together. Fold in alternately with milk in 2 batches. Spoon into pan and smooth surface. Bake for 1 hour or until skewer inserted into the centre comes out clean.
- Cool in pan for 15 minutes. Carefully turn out onto a wire rack. Mix extra sugar, cinnamon and melted butter together. Pour over cake and set aside to cool. Serve.

OUR HOME BASE!



NOTICE OF MOTION

The Northmead & District Probus Club Management Committee would like to formally provide 21 days written notice of motion to members to vote on the following resolution at the general meeting of the club to be held on 19th August 2019.

RESOLUTION

Members of the Northmead & District Probus Club formally resolve by 'Special Resolution' to formally adopt Standing Resolutions numbers 1

I'm not getting older, I'm just becoming a classic!

NEXT MEETING

MONDAY,

15TH JULY 2019

AT 10:00AM

Postal Address: 22 Kindelan Road, Winston Hills NSW 2153

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Meeting venue: NBC Sports Club, 166 Windsor Road, Northmead NSW 2152

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